



## Family & Internal Medicine Residency Programs 2025-2026

### FAQ

#### **Congratulations on the next step of your academic journey!**

- 1) Our current resident appointment contract for 2024-2025 is on our SRH website. The 2025-2026 appointment contract will be posted on our website prior to Match.  
<https://www.skagitregionalhealth.org/graduate-medical-education>
- 2) Deferred Compensation may begin the month after your date of hire through Empower.
- 3) 401a eligible after 2 ½ years. Refer to benefits page for SRH contributions
- 4) Refer to Exhibit in contract or website for Insurance options for coverage options. Cafeteria Style Benefits Plan.
- 5) Resident Benefit Statement refer to Exhibit in contract and will be posted to website (new open enrollment information coming out November 2024)

Healthcare Plans include various Premera Plans

Healthcare begins the first day of following month of hire. If you need interim insurance, please discuss with Human Resources.

- 6) 2024-2025 academic year stipends are below. Residents are paid bi-weekly. **2025-2026 stipends will be available later in 2024**

PGY 1 \$64,556.06

PGY 2 \$66,667.46

PGY 3 \$69,834.56 (chiefs have stipend for additional leadership duties)

- 7) Skagit pays for all licenses and mandatory trainings
- 8) Board review courses: IM: ACP Membership and MKSAP electronic version FM: U World or True Learn
- 9) SRH pays for Washington State Limited License & DEA provided with program
- 10) SVH is a Public District Hospital and you may qualify for loan forgiveness programs
- 11) Paid Time Off – 20 days plus recognized holidays depending on rotation
- 12) Washington State is one of a handful of states that offers paid Family and Medical Leave. Find more at Washington State link <https://paidleave.wa.gov/>

- 13) Meals allowance when on duty subject to quarterly allowance
- 14) White coats are provided and laundered
- 15) Educational fund PGY (\$895) and PGY2 - PGY 3 (\$1500) and Conference/Board Review Course, skills exam for OMT and/or poster presentation & travel for 1<sup>st</sup> or 2<sup>nd</sup> author with approval \$2500 cap in residency term
- 16) Malpractice Insurance with tail coverage
- 17) Wellness activities & Employee Assistance Program
- 18) Free parking

*Full Details are provided in the resident appointment contract and on our website*

<https://www.skaqitregionalhealth.org/graduate-medical-education>

**Thank you for your interest in joining Skagit Regional Health!**